



Lynnhurst Ledger

Lynnhurst United
Church of Christ

Volume 2019, Issue 41

October 20, 2019

Lynnhurst United Church of Christ is faithful to loving and honoring the still-speaking God while serving our community and welcoming everyone.

AROUND LYNNHURST

Sunday, October 20th

Worship Service	9:30 AM
Fellowship Time	10:30 AM
Sunday School	11:00 AM
Confirmation Class	11:00 AM
Friends Church	1:30 PM

Monday, October 21st

PAL	2:30-5 PM
Dartball - Away (vs. 1st Church of the Nazarene)	7:00 PM

Tuesday, October 22nd

Men's Bible Study	7:30 AM
Pastor's Office Hours	10 AM - 2PM
Tai Chi Class	10:30 AM
PAL	2:30-5 PM
WISE Team Meeting	6:30 PM

Wednesday, October 23rd

PAL	2:30-5 PM
Bell Choir Practice	6:00 PM
Chancel Choir Practice	7:00 PM

Thursday, October 24th

PAL	2:30-5 PM
Boy Scout Meeting	7:00 PM

Friday, October 25th

PAL	2:30-5 PM
Boy Scout Troop 209 - Halloween Party	5:00 PM

Saturday, October 26th

Friends Church	3:00 PM
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Sunday, October 27th

Worship Service	9:30 AM
Fellowship Time	10:30 AM
Sunday School	11:00 AM
Friends Church	1:30 PM

Dear Sisters and Brothers in Christ,

Worship is the most important ministry we do as a community of faith. In their book *The Work of the People: what we do in worship and why*, Marlea Gilbert, Christopher Grundy, Eric Myers and Stephanie Perdue wrote, "The act of worship makes us church. All that we do beyond worship – teaching our children, serving the poor, gathering in small groups, maintaining buildings in which to meet – arises from our encounter with the living God in worship... in worship we take part in the actions that form our identity as individuals and as Christians. We share the Word in reading and hearing Scripture and preaching; we welcome people into the community of Christ through baptism; we join together and are formed as the Body of Christ in Communion; we offer ourselves and our resources for God's work; and we are sent out with a vision of the world redeemed by God's love to serve all God's people" (7-8).

The authors continue: "Liturgy" means "the work of the people." So, when we call our worship a liturgy, we are saying that worship involves the active participation of all the people. There are many places in our worship liturgy when the congregation, choir and pastor participate – call to worship, hymns, responses, the communion liturgy and sometimes the sermon.

There is no one right way to worship God as long as we come into worship with an open heart that allows God's Holy Spirit to move within and among us. The order of worship differs greatly among congregations and denomination. As often happens when a new pastor is called, over the last year we have changed the format of our worship bulletins, how they are folded, our communion liturgy responses and many other little things. The Worship & Music committee and I have decided to try experimenting with our order of worship over the next six months. We hope you will take a deep breath and engage in this experiment.

- Over the next couple of months think about what pieces of the worship liturgy that are most important to you.
- Think about what pieces of the worship liturgy might be most important to the people sitting around you.
- Think about what pieces of the worship liturgy distract you from fully experiencing God during worship.
- Think about what pieces of the worship liturgy are most important to a guest worshiping with us for the first time.
- Think about what pieces of the worship liturgy are confusing and distracting for guest worshiping with us.

In January we would like your feedback about the experiment, then we will make decisions about further changes and how we want to worship God together.

Blessings on the journey,
Pastor Monica

Scripture Readers

LOOK FOR AN EMAIL ON
WEDNESDAY OR THURSDAY
OF THE WEEK YOU ARE
SCHEDULED

OCTOBER

- 06 *Joyce Whalin*
13 *Dawn McFarland*
20 *Jim Maier*
27 *Susan Freepartner*

Fellowship Time Hosts/Hostesses

*Sign Up Sheet On the
Bulletin Board by Church
Office*

OCTOBER

- 06 *Compton*
13 *Crosby*
20 *Whalin*
27 *Tiitsman*

NOVEMBER

- 03
10
17 *Warren*
24 *Stewardship
Brunch*

SAVE THE DATE!

CHURCH WOMEN UNITED

*World Community Day
Saturday, November 2*

Registration - 10 AM
Worship - 10:30 AM
Central Presbyterian Church
318 W Kentucky St 40203

Holiday Celebration

Saturday, December 7

Registration - 10 AM
Worship - 10:30 AM
Burnett Ave Baptist Church
6800 Hurstbourne Lane
40291

ART FOELL SCHOLARSHIP APPLICATIONS DUE OCTOBER 31st

Applications for the Art Foell Scholarship are now available in the church office or on the bulletin board. There will also be a copy attached to the email News & Notes.

To be eligible you must be a member of Lynnhurst Church or the child of a Lynnhurst member and have a current GPA of 2.5 or above. All applications must be returned to the church office by October 31 with a current transcript. If you have any questions, please contact the church office.

KENTUCKY COUNCIL OF CHURCHES ANNUAL ASSEMBLY OCTOBER 24TH & 25TH - MOREHEAD, KY

The Kentucky Council of Churches will be holding their 2019 General Assembly on October 24 & 25 at First Baptist Church in Morehead, KY.

See the website for more details: kycouncilofchurches.org

LADIES RESTROOM RENOVATION BEGINS (HOPEFULLY) IN DECEMBER!

On Sunday, October 13th, the Congregation unanimously voted to move forward with a project to renovate the ladies restroom.

The project will be headed by Rick Matheny and will hopefully be completed during the 1st & 2nd weeks of December.

There will also be some painting and new flooring in the outer hallway and the PAL area upstairs.



NEIGHBORS IN NEED OFFERING 2019

On Sunday, October 6th we collected **\$630** for the annual collection of the UCC's Neighbors in Need Special Offering.

Thank you to all who gave to this important mission of the United Church of Christ.

BIRTHDAYS AND ANNIVERSARIES

October 04 - 27

Birthdays

- 10/04 **Phyllis Flamm**
10/06 **Ray Hurley**
10/09 **Jo Cruz** (*PAL Program Director*)
10/15 **Lauren Hurley**
10/22 **Jerry Whalin**
10/25 **GayAnn Day**
10/26 **Regina Weedman**
10/27 **Darlene Brinke**

Anniversaries

- 10/05 **Jennifer Day & Matt Gantner** (*17 Years*)
10/13 **Ken & Shara Jarett** (*58 Years*)
Bobby Warren &
10/22 **Pamela Sheeley** (*25 Years*)
10/26 **Chris & Darlene Brinke** (*56 Years*)

UPCOMING COMMITTEE MEETINGS

WISE TEAM MEETING

Tuesday, October 22nd @ 6:30 PM

PAL COMMITTEE

Tuesday, October 29th @ 1:00 PM
in the Parlor



Did You Know...?

Mental illnesses are medical conditions.

Research has shown that mental illness has a biological basis. Mental illnesses are brain disorders associated with changes in the brain's structure, chemistry and function, which in turn affects how a person thinks, feels and acts.

One in every four adults is affected by mental illness.

The National Institute of Mental Health reports that one in four adults in the U.S. experience some kind of mental health disorder in a given year. However, the main burden of illness is concentrated in a much smaller proportion. Approximately 1 in 17 Americans, or about 13.6 million people, live with a serious mental illness such as schizophrenia, major depression or bipolar disorder.

Stigma prevents many people from seeking treatment.

Approximately 60 percent of adults and almost one-half of youth ages 8 to 15 with a mental illness received no mental health services in the previous year. In some locations, services simply are not available or are not affordable to the people who need them. In many cases, people avoid treatment because of the fear of stigma.

Treatment works and recovery is possible.

There is no "cure" for mental illness, but with effective treatment (which may include medication, therapy, other services and support), most people experience relief from their symptoms and live productive, fulfilling lives.

Most people with mental illness are not violent.

The most common form of violence by those who have mental illness is violence against themselves. People with serious mental illnesses are far more likely to be victims of violent crime than perpetrators of it.

5 simple things you can do

to make the world a better place for people with mental illnesses and their families

- 1 Be a friend** - Provide companionship and compassion on the road toward recovery. Offer a ride to church or to a local support group. Listen without judgement. Pray for those you know with mental illnesses and for their family members.
- 2 Be an inspiration** - Share your story. Has mental illness impacted you or your family in some way? Your story may empower others to seek treatment or have hope.
- 3 Watch your language** - Pay attention to the words you use and avoid stigmatizing labels. Do not refer to people as "crazy," "psycho," "lunatic" or "mental."
- 4 Be a "StigmaBuster"** - Challenge negative attitudes toward mental illness among your friends and acquaintances and in the media.
- 5 Learn the facts** - Educate yourself about the various mental illnesses. Attend a lecture or class or use the Internet. Good places to start include the National Alliance on Mental Illness, www.nami.org, and the National Institute of Mental Health, www.nimh.nih.gov.

A COLLABORATION BETWEEN THE BOOK WORKS AND SOUTH LOUISVILLE COMMUNITY MINISTRIES:

COMING SOON TO BEECHMONT

4634 S 3rd Street
Louisville, KY

The Rosewater

MORE THAN A BOOKSTORE

A volunteer-powered social enterprise will serve the community in multiple ways by providing:

- + Workforce Training in Soft Skills/Retail
- + Opportunities to Meet and Support Neighbors
- + Community Work Space
- + Pop-Up Restaurants
- + Film Screening and Event Venue
- + And Hot Tea!

Every dollar made goes back to the community.

We need your help!

If you're interested in volunteering at the bookstore, please contact clarewallace@slcm.org.

(We also need shelf builders, fundraisers, book donors, and whatever else you're good at for the launch in December!)



SLCM USED BOOKSTORE TO OPEN DECEMBER 7TH! DONATE TODAY!

SLCM is excited to announce a new partnership and endeavor with The Book Works! We'll be opening a used bookstore on the corner of 3rd and Woodlawn called The Rosewater. We'll be offering job training and community space. It's also where you can buy a book while knowing your money will help pay for someone's rent or electricity bill when both are threatened.

We need to raise \$10,000 to open our doors on December 7th! Will you help us make this a reality? You can learn more (ie. how to volunteer and donate books) on The Rosewater's website at www.therosewater.org.

THE ROSEWATER SNEAK PEEK AND DONATION DROP-OFF

Hosted by South Louisville Community Ministries
Sunday, October 20th 2 PM - 4 PM
The Rosewater Bookstore - 4634 S 3rd Street 40214

Hello Southend Neighbors! You're invited to see the space first, ask about the vision of this community-led shop, and learn how you can participate. Just drop in and say hello!

Please note that the space will be empty, but we want to hear from YOU about what you'd like to see. Americana Fiberworks shop? Plants for purchase?

Come by and have some tea and get the short tour. You can also drop off donated items at this time! We'll collect books, bookshelves, floor lamps, plants, vinyl records, and quirky artwork.

Powerful Arriving Leaders



- FRESH FRUITS & VEGGIES - Bring in on Sunday for the coming week
- TARC TICKETS - Tickets or Monetary Donations (see ticket centers below) The tickets are \$0.80 each. Tickets can be purchased at

TARC, 1000 West Broadway
Louisville Free Public Library, 3rd & York
BB&T, 401 West Main Street

Nia Center, 29th & Broadway
All Fifth Third Banks

- GIFT CARDS - Collecting \$10 gift cards to be given out as door prizes of Fridays. Suggested retailers (from the PAL group):

Foot Locker Wal-Mart Game Stop Subway Kroger Target

Other gift card ideas include:

Amazon iTunes Dairy Queen Starbucks Lyft/Uber Walgreens
Thornton's Google Play Dominos Pizza Papa Johns Jimmy John's

