



January 12, 2020

Year 2020, Issue 2

## WEEKLY CALENDAR

**Sunday, January 12th**

9:30 AM Worship Service  
 10:30 AM Fellowship Time  
 11:00 AM Sunday School  
 Confirmation Class  
 12:00 PM Consistory Meeting  
 1:30 PM Friends Church

**Monday, January 13th**

2:30 PM PAL Youth Center  
 7:00 PM Dartball - Home  
 (vs Shively Christian)

**Tuesday, January 14th**  
**Pastor Out of Office**  
**January 14th-18th**

7:30 AM Men's Bible Study  
 10:30 AM Tai Chi  
 2:30 PM PAL Youth Center

**Wednesday, January 15th**

2:30 PM PAL Youth Center  
 6:00 PM Bell Choir Practice  
 7:00 PM Chancel Choir Practice

**Thursday, January 16th**

2:30 PM PAL Youth Center  
 7:00 PM Boy Scout Meeting

**Friday, January 17th**

2:30 PM PAL Youth Center

**Saturday, January 18th**

3:00 PM Friends Church

**Sunday, January 19th**

9:30 AM Worship Service  
 10:30 AM Fellowship Time  
 11:00 AM Sunday School

**Lynnhurst Church Annual Meeting**  
**January 26th @ 12:00 PM**

Dear Sisters and Brothers in Christ,

Worship is the most important ministry we do as a faith community. There is no one right way to worship God. The goal is to worship and praise God with an open heart that allows God's Holy Spirit to move within and among us. The order of worship differs greatly among congregations and denomination. As often happens when a new pastor is called, over the last year we have changed the format of our worship bulletins, how they are folded, our communion liturgy responses and many other little things. Three months ago, the Worship & Music committee and I decided to try experimenting with our order of worship. At that time, I asked each of you to reflect on these questions:



- What pieces of the worship service are most important to you?
- What pieces of the worship service might be important to the people sitting around you?
- What pieces of the worship service distract you from fully experiencing God during worship?
- What pieces of the worship service are most important to a guest worshipping with us for the first time?
- What pieces of the worship service are confusing and distracting for guests worshipping with us?

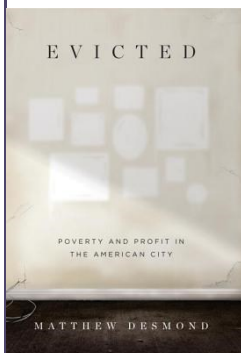
On Sunday we will have a discussion about this experiment, we will make decisions about the changes and how we want to worship God together.

Blessings on the journey,

*Pastor Monica*

**Evicted Discussion Group - January 28th @ 9:00 AM**

The first group discussion session for "Evicted" will be on the morning of Tuesday, January 28, 9:00 a.m., in the parlor. Please read and be prepared to discuss the first eight chapters, comprising the entire Part One.



Kirby will be glad to email anyone a syllabus for this assignment, upon email request to him; otherwise, one will be sent to all known parties of interest about a week before our first meeting. The issue of homelessness in tight housing markets is significant, and the UCC has begun developing a church-wide program to confront this situation.

We anticipate meeting about once every 4-6 weeks until completion this spring. Thanks to everyone who has expressed an interest in this vital topic.



**2020 Pictorial Directory - Photo Shoot - January 19th & 26th - Sign Up Sheet on Bulletin Board by the Church Office**

It has been a number of years since we have created an up-to-date photo directory. Instead of having a professional directory company take pictures and pressure you to buying expensive photo packages, we have decided we will create our own directory in-house. Terry Conway will take pictures of you or with your family, then provide you with a few to choose from for use in the directory. You will also be given a digital photo file formatted in the picture size you select for printing by you if desired. The only cost will be the cost of printing the directory and that too can be done in-house.

Pictures will be taken after Church and Sunday School in the parlor on January 19 and 26. No appointment necessary. You can dress as fancy as you want, or as casual as you want. The background is a textured light gray and you might want to think about wearing something that will complement the background. You can check it out in the parlor now to give you a better idea of what it looks like. It is anticipated the directory will be available in the spring. If you have any questions, please call Terry at 375-0616.

**Reports Needed for Annual Report by January 22nd**

Reports are needed for the Annual Report by January 22nd. Please turn them in to Sarah in the office at your earliest convenience.

Reports are needed from all committees and Sunday school classes.

**Leroy Malone, Custodian, Retiring after 20+ Years at Lynnhurst**

This week is the last week at Lynnhurst for Leroy, our custodian. He is retiring after 20+ years of service to Lynnhurst. He will be greatly missed. We are thankful for all the things he has done over the years and wish him the best in the future.

**Passionist Earth & Spirit Center ~ 1924 Newburg Rd, 40205**  
*Cultivating the Sacred Connection between the Earth and its People*

**FREE INTRODUCTION TO MEDITATION WORKSHOP**

**January 29, 7 - 8:00 p.m.    January 30, 10 - 11:00 a.m. or 7 - 8:00 p.m.**

Mindfulness meditation has been clinically demonstrated to increase relaxation, relieve stress, reduce anxiety and bolster self-esteem. This 60-minute workshop offers a basic introduction to theory and practice of mindfulness meditation, as well as its physical, psychological and spiritual benefits.

**BEGINNING MEDITATION Cultivating an Awakened Life**

**Begins Wednesday February 12 10:00 - 11:30a, 1:00p - 2:30p, 7:00p - 8:30p**

Meditation is an ancient spiritual practice that has remarkable benefits for both body, heart and mind. This class offers step-by-step guidance for developing a personal meditation practice using mindfulness. It presents meditation in a clear and straightforward way. Participants receive guidance on how to navigate the inner world. Each class offers: basic instruction in the techniques of mindfulness meditation that come from various spiritual traditions; the psychological principles and spiritual under-pinnings of the practice; and clear guidance for bringing the fruits of the meditation practice into everyday life. Instructor: Fr. Joe Mitchell

**MINDFULNESS AND RACIAL EQUITY**

**Begins Feb 11                    10:00 - noon or 6:30 - 8:30 p.m.**

Exploring Power and Privilege This class offers a path to look into the painful truths of racial oppression using mindfulness and compassion practices, as well as how to work toward racial justice using meditation, mindfulness and conversation. This course is taught in partnership with JustFaith ministries.

Call 502.452.2749 or email [info@earthandspiritcenter.org](mailto:info@earthandspiritcenter.org), or go online at [www.earthandspiritcenter.org](http://www.earthandspiritcenter.org) for any of the above classes!

**SAVE THE DATE!**

**Consistory Meeting**  
Sunday, January 12th  
@ 12 PM

**Pastor Monica Out of Office**  
January 14-18

**PAL Service Day**  
January 20th

**Directory Pictures**  
January 19th & 26th

**Annual Congregational Meeting**  
January 26th @ 12:00 PM

**'Evicted' Discussion Group**  
Tuesday, January 28th  
@ 9:00 AM

**Elvis Concert - Troop 209 Fundraiser**  
April 26th

***Birthdays & Anniversaries***

**January**

***Birthdays***

- 01/01 Brandalyn Tabor**  
*(PAL Asst Dir)*
- 01/05 Mike McConnell**
- 01/06 Lucille Craig**
- 01/10 Mark Bowling**
- 01/11 Kirby O'Bannon**
- 01/13 Nena Whitaker**
- 01/30 Nancy Shannon**

***Anniversaries***

- Dennis & Jennifer Kraha**  
*(8 Years)*
- Michael & Sherry**
- 01/10 Spencer** *(49 Years)*
- Jim & Cynthia**
- 01/30 McFarland**  
*(48 Years)*