



Lynnurst Ledger

Lynnurst United Church
of Christ

Volume 2019, Issue 27
June 30, 2019

AROUND LYNNURST

Sunday, June 30th

Worship Service	9:30 AM
Fellowship Time	10:30 AM
Sunday School	11:00 AM
All UCC Picnic	12:00 PM
Friends Church	1:30 PM

Monday, July 1st

Tuesday, July 2nd

Men's Bible Study	7:30 AM
Pastor's Office Hours	10 AM-2PM
Tai Chi	10:30 PM

Wednesday, July 3rd

Thursday, July 4th

OFFICE CLOSED
HAPPY 4th OF JULY!

Friday, July 5th

Saturday, July 6th

Friends Church	3:00 PM
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Sunday, July 7th

Worship Service	9:30 AM
*Communion Sunday	
Fellowship Time	10:30 AM
Sunday School	11:00 AM
Friends Church	1:30 PM

THIS SUNDAY!

Louisville Area
UCC Picnic
Sponsored by
LYNNURST

Sunday, June 30th
12-5PM
Cherokee Park
Hogan's Fountain
3110 Scenic Loop 40205

We need to have a strong
showing since we are
sponsoring the event!
Everyone come join us and
bring a side dish!

Dear Friends in Christ,

In his letter to the Galatians, Paul tells us that the fruits of the spirit include love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Kathy Howard writes in her article *What Are the Fruit of the Spirit?* that the Greek word translated “fruit” refers to the natural product of a living thing. Paul used “fruit” to help us understand the product of the Holy Spirit, who lives inside every believer. The fruit of the Spirit is produced by God’s Holy Spirit. The Greek word is singular, showing that “fruit” is a unified whole, not independent characteristics. I invite you to reflect on these characteristic of the Holy Spirit’s and notice if they are an active presence in your daily activities. Let’s look at each one and ask some questions.

- ◆ Love: this doesn’t refer to warm feelings but to a deliberate attitude of good will and devotion to others. Love gives freely without looking at whether the other person deserves it, and it gives without expecting anything back.

Question: Am I motivated to do for others as Christ has done for me, or am I giving in order to receive something in return?

- ◆ Joy: gladness that is completely independent of the good or bad things that happen in the course of the day. In fact, joy actually seems to show up best during hard times. This is a product of fixing your focus on God’s purposes for the events in your life rather than on the circumstances.

Question: Am I experiencing a joy of life on a regular basis, or is my happiness dependent on things going smoothly in my day?

- ◆ Peace: it’s not the absence of turmoil, but the presence of tranquility even while in a place of chaos. It is a sense of wholeness and completeness that is content knowing that God controls the events of the day.

Question: Do I find myself frazzled by the crashing waves of turmoil in my life, or am I experiencing the peace of God in Jesus Christ that passes all comprehension?

- ◆ Patience: It is the ability to endure ill treatment from life or at the hands of others without lashing out or paying back.

Question: Am I easily set off when things go wrong or people irritate me, or am I able to keep perspective in the face of life’s irritations?

- ◆ Kindness when kindness is at work in a person’s life, he or she looks for ways to adapt to meet the needs of others. It’s also the absence of malice.

Question: Is it my goal to serve others with kindness, or am I too focused on my own needs, desires, or problems to let the goodness of God overflow to others through me?

- ◆ Goodness: while kindness is the soft side of good, goodness reflects the character of God. Goodness in you desires to see goodness in others and is not beyond confronting or even rebuking for that to happen.

Question: Does my life reflect the holiness of God, and do I desire to see others experience God at a deep level in their own lives?

Scripture Readers

LOOK FOR AN EMAIL ON WEDNESDAY OR THURSDAY OF THE WEEK YOU ARE SCHEDULED

JULY

07	<i>Bob Entrican</i>
14	<i>Mike McConnell</i>
21	<i>Dawn McFarland</i>
28	<i>Sharon Crosby</i>

Children's Message

JULY

07	<i>Pastor Monica</i>
14	<i>Eva Warren</i>
21	<i>Pastor Monica</i>
28	

Fellowship Time Hosts/Hostesses

Sign Up Sheet On the Bulletin Board by Church Office

JULY

07	Compton
14	Maier
21	OPEN
28	Crosby

AUGUST

04
11
18
25

JULY ACOLYTE CAPTAIN

TBD

See the captain if you'd like to be an acolyte this month.

CHRISTMAS IN JULY

It's time for back to school supplies for Iroquois High School and Brooklawn (Uspiritus/Centerstone). We will begin collecting donations on July 7th!

Items requested are similar to items collected in the past :

Backpacks	Notebooks
Filler paper	Crayons
Pens and pencils	2 Pocket folders
Composition books	Glue sticks

Thank you for anything that you can help to supply.



Summer means happy times, good sunshine and YOUTH Mental Health First Aid Training

Friday, July 19, 8:30am-5pm
Family & Children's Place
525 Zane Street 40203

For questions, please contact Tomy Baker at tomybaker@famchildplace.org or 502-855-6048.

Did you know....In an average group of 15-year-olds:

- Seven are likely to have been bullied
- Six may be self-harming
- One could have experienced the death of a parent

Record levels of young people are struggling, for many reasons - academic pressure, social media, bullying, poverty, lack of availability of professional mental health support...

Youth Mental Health First Aid (YMHFA) courses are for everyone who works with, lives with or supports young people (ages 12-18).

In our training, you will learn the skills and build confidence to spot the signs of mental health issues in a young person, offer first aid and guide them towards the support they need.

In doing so, you can speed up a young person's recovery and possibly stop a mental health issue from getting worse.

Our courses won't teach you to be a therapist, but we will teach you to listen, reassure and respond, even in a crisis - and even potentially stop a crisis from happening.

CHURCH WORLD SERVICE

HYGIENE KITS

Thank you to everyone who helped to fill the hygiene kits for Church World Service! These kits will be such a blessing to those who need them.

GO LYNNHURST!

SAVE THE DATE!

Annual Women's Retreat hosted by the IKC Women's Board

September 27-29, 2019

Our own Pastor Monica will be co-leading the retreat this year.

If interested in going, please see Nancy Shannon for a reservation form.

TAI CHI BEGINNER CLASSES EVERY TUESDAY @ 10:30 AM! JOIN US!



Cost is \$30 for seniors, \$40 for adults.
Financial assistance can be arranged if needed.

BIRTHDAYS AND ANNIVERSARIES June 28 - July 15

Birthdays

07/03	Chris Hurley
07/05	Terry Conway
07/06	Beverly Tiitsman
07/09	Elizabeth Oglesby
07/15	Vick Borders

Linda Murrell

Anniversaries

07/14	Rob & GayAnn Day (46 Years)
07/15	George & Sarah Wilding (47 Years)

- ♦ Faithfulness: one with real integrity. He or she is someone others can look to as an example, and someone who is truly devoted to others and to Christ. Our natural self always wants to be in charge, but Spirit-controlled faithfulness is evident in the life of a person who seeks good for others and glory for God.

Question: Are there areas of hypocrisy and indifference toward others in my life, or is my life characterized by faith in Christ and faithfulness to those around me?

- ♦ Gentleness: meekness is not weakness. Gentleness is not without power, it just chooses to defer to others. It forgives others, corrects with kindness, and lives in tranquility.

Question: Do I come across to others as brash and headstrong, or am I allowing the grace of God to flow through me to others?

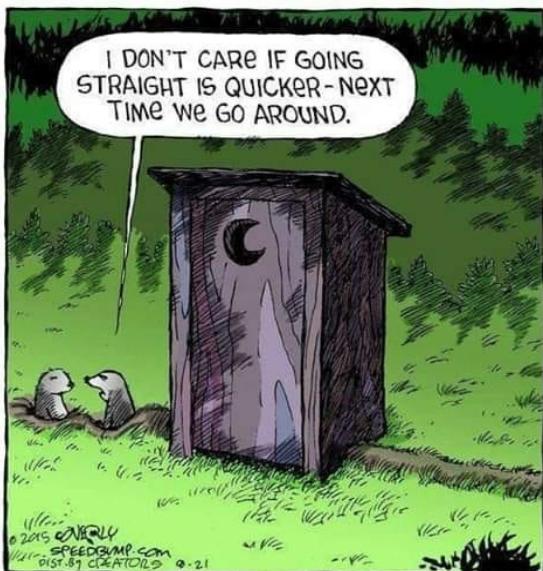
- ♦ Self-control: literally releasing our grip on our desires, choosing instead to be controlled by the Holy Spirit. It is power focused in the right place.

Question: Are my desires controlling my life, or am I allowing the Spirit to direct me to the things that please God and serve others?

Blessings on the journey,

Pastor Monica

(adapted from: <https://www.crosswalk.com/faith/spiritual-life/what-are-the-fruit-of-the-spirit.html> and <https://www.familylife.com/articles/topics/faith-essentials-faith/growing-in-your-faith/10-ideas-reflecting-the-fruit-of-the-spirit/>)



PAL Coalition Meeting E-Cigs and Juuls: Déjà vu All Over Again

Wednesday, July 10, 2019 |
Noon – 1:30 p.m.

Family & Children's Place 525 Zane Street, Louisville 40203
Presented by: Steve Cambron, Synar Program Coordinator



There are currently 460 brands of e-cigarettes and over 7,000 e-juice flavors on the U.S. Market. Nationally, the number of youth using e-cigarettes increased by 78% from 2017-2018.

JUUL has become a favorite for underage youth, many who do not realize its potential harm. In fact, many youth who claim they would never smoke have become addicted to the nicotine found in JUULS. Join us and learn:

1. How to properly identify a JUUL device and ways youth conceal its use
2. What makes JUUL and the new generation of e-cigs different
3. Up-to-date research on the health risks of JUUL and e-cigs

Steve Cambron has worked in the state prevention system since 2001. He helped to create Kentucky's Tobacco Retail Underage Sales Training (TRUST), a merchant education program which has been recognized by the Center for Substance Abuse Prevention and modeled in other states.

**As always, lunch will be provided if you RSVP.
To RSVP, please contact Tomy Baker
at tomybaker@famchildplace.org or 502-855-6048.**



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YOUR CHURCH STAFF - WHERE ARE THEY??

On any given day this summer, you might come to the church and wonder,
“Where is everybody?”

Fear not!

PASTOR MONICA

JUNE 21-25 - MILWAUKEE WI

UCC GENERAL SYNOD

JULY 8-15 - JEFFERSONVILLE, IN & LAKE NOLIN, KY

Pastor Monica's daughter and 3 of her grandchildren are coming for a visit, so she will be on vacation, in and around Louisville.

AUGUST 4 - IKC Leadership Retreat

SEPTEMBER 27-29 - BEECH GROVE, IN

IKC Women's Retreat

OCTOBER 7-14 - Pastor Monica is going to see her new grandbaby (a girl) and baptize her.

SARAH

JULY 15-22 - GRAND CAYMAN, CAYMAN ISLANDS

Girls only vacation with her sister and niece to celebrate her niece's high school graduation and 18th birthday.

AUGUST 8-10 - YATESVILLE, KY (Maybe)

Family & friends camping trip.

WEDNESDAYS & THURSDAYS - Mostly working from home on Wednesdays & Thursdays during the summer since the kids are home from school. I will be forwarding the phones so please call if you need anything. Please call before you come to the church to make sure I am there.

Also, you may see some familiar faces this summer, the kids will come to work with me some and Foster (our dog) will be coming some too. So if you hear barking, don't be alarmed.

Back to School Retreat

Who: Students in 3rd – 6th grades

What: Come join us for a weekend of church camp before starting off the new school year. This retreat is going to be packed full of activities such as an outdoor movie night, visit to the Merom Bluff, a picnic, crafts, games, and interactive lessons to make exciting new memories. This year, campers will be learning about The Beatitudes that Jesus spoke of, from the Sermon on the Mount. Campers will learn what their “Be attitude,” is for the upcoming school year.

When: August 2nd at 7 P.M. Est. – 4th at 10 A.M. Est.

The date has changed after the Merom camp brochure was mailed out this year. The date may still be listed incorrectly Merom's website as well. This flyer gives the correct, updated information.

Where: Merom Camp and Retreat Center

Cost: \$100 for the full weekend

Leadership: Lydia Hancock, Marley Anderson

How to Register: Visit <https://www.merom.org/retreats.html>. Download a printable registration form located at the top of the page. Send in your camp fee and registration form to Merom Camp and Retreat Center.

